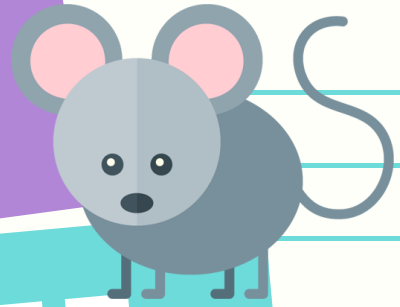


# FAITH



# IN REAL LIFE

REAL LIFE. REAL GOD.

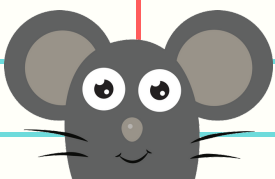
**BIG WORD: negative thoughts**

Any thought that steals my **JOY** and **PEACE**.

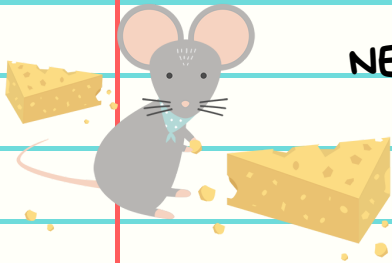
**FAITH SKILL: thought control**

An **EFFORT** of **KICKING** negative thoughts **OUT** of my **HEAD**.

**BIG IDEA:** I can't control what **PASSES** through my head  
but I can decide what **STAYS** in my head.

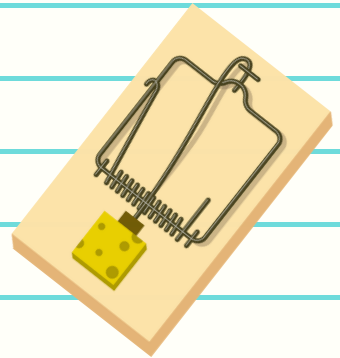


# LET'S CATCH SOME MICE



NEGATIVE THOUGHT is a "mouse."

GOD'S WORD is a "mousetrap."



2 CORINTHIANS 10.5

WE CAPTURE EVERY THOUGHT AND  
MAKE IT GIVE UP AND OBEY CHRIST.

STEP #1:

SPOT THE NEGATIVE THOUGHT



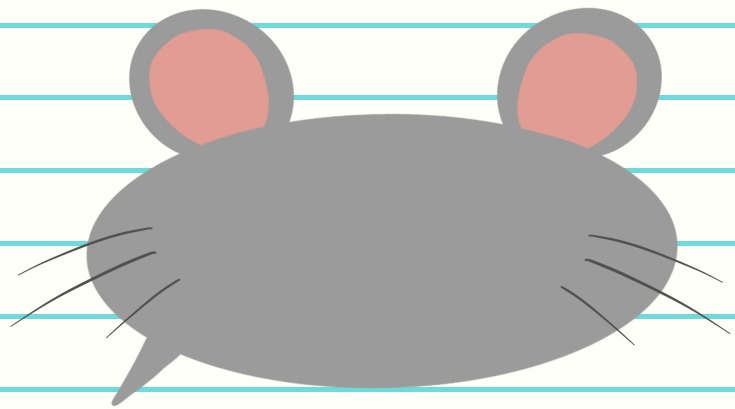
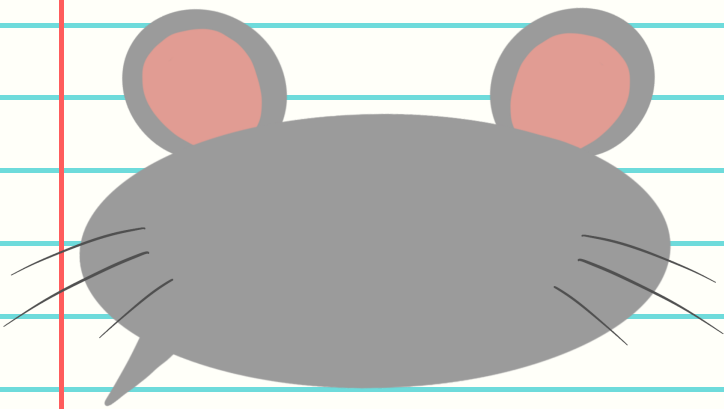
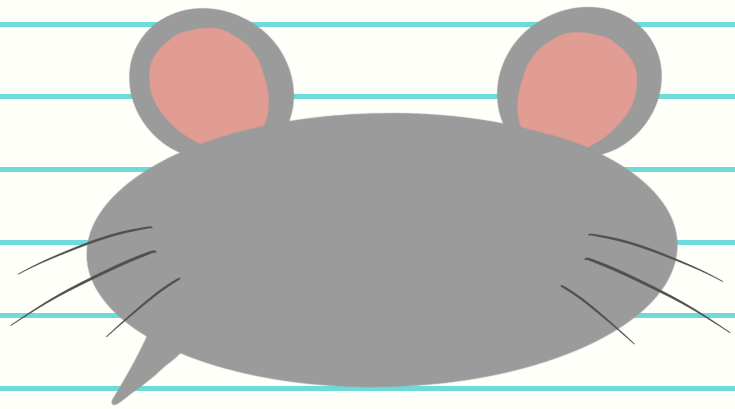
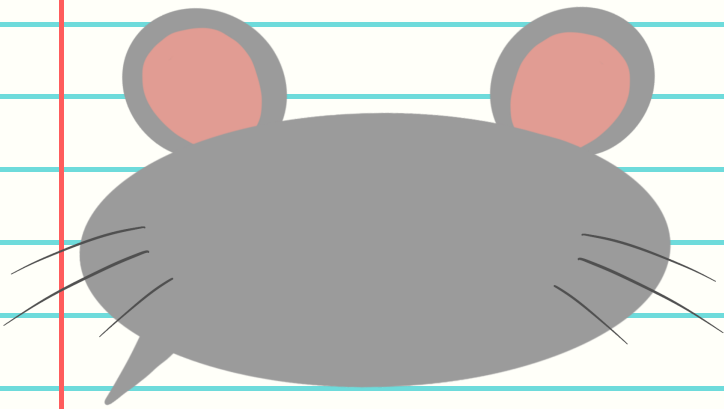
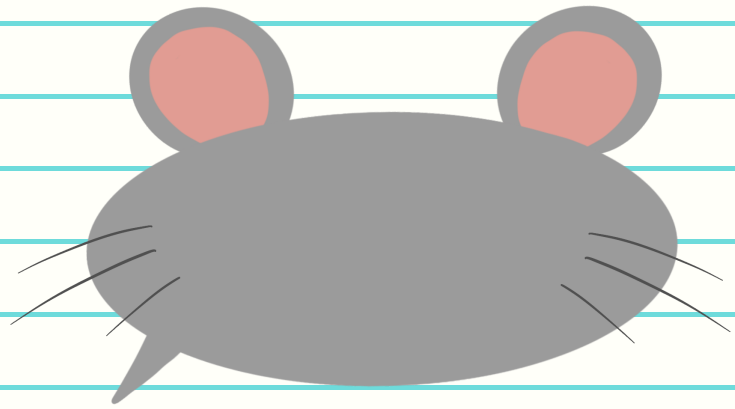
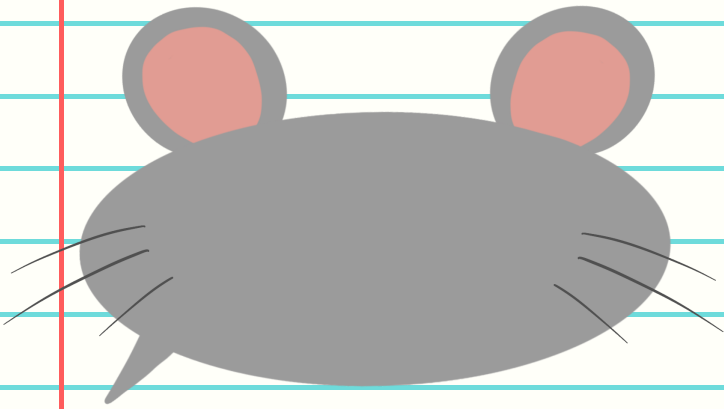
*I have loved you with a love  
that lasts forever. I have kept on  
loving you with a kindness that  
never fails. - Jeremiah 31.3*

STEP #2:

SET UP A "BIBLE TRAP",  
FIGHT BACK WITH THE TRUTH  
AND KICK THE NEGATIVITY OUT

# HANDS-ON FAITH

**STEP #1: EVERYONE IN THE FAMILY IDENTIFY ONE "PESKY CRITTER" TRYING TO STEAL YOUR JOY AND PEACE.**



**WISE ADVICE: IN PUBLIC, GUARD YOUR TONGUE; IN PRIVATE, YOUR THOUGHTS!**

# HANDS-ON FAITH

**STEP #2: EVERYONE IN THE FAMILY CHOOSE A BIBLE VERSE THAT YOU'LL USE TO FIGHT LIES. WRITE IT DOWN. DRAW IT. MEMORIZE IT. PUT IT UP WHERE YOU CAN SEE IT.**



**EXTRA: READ MATTHEW 4.1-11 TO SEE HOW JESUS USED GOD'S WORD TO BEAT BACK THE DEVIL.**